

My Visit to the Eye Doctor

It is important that I get my eyes checked so that I can see well.

We plan a visit to the eye doctor.

The eye doctor is in a different building than my other doctors.



When I arrive, my mom or dad will talk to the people at the desk to tell the doctor that I am here.

All of the people I will meet today will be wearing masks to keep me safe. I will wear a mask too to keep them safe.



When it is my turn, the doctor's friend helps me with some special games before I see the doctor. These games are done on machines. These machines look different, but they don't hurt.

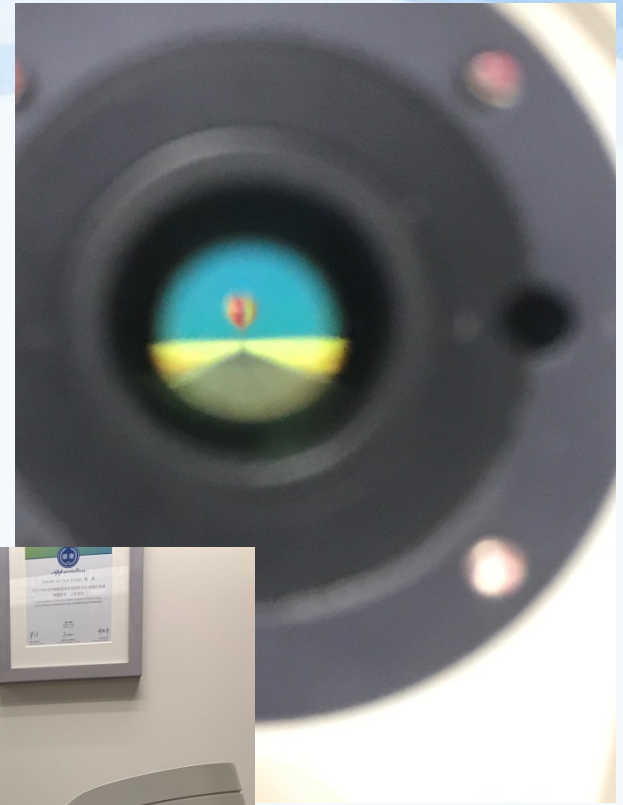
The doctor's friend explains what I should do. I can ask questions if I don't understand.



On the first machine,
I have to look at a
hot air balloon.

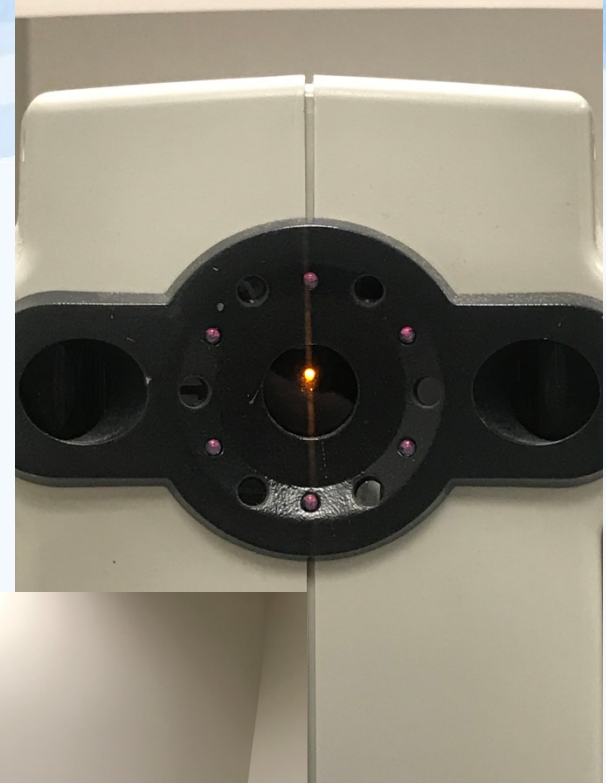
As part of the game,
the doctor's friend
makes the hot air
balloon blurry and
clear. That's okay! I
just have to keep
looking at it.

My job is to sit really
still when I play these
games. I like to
pretend I am a
statue.



Next, the doctor's friend tells me to look into a machine with an orange light.

The doctor's friend will help me if I have a question.



The last machine is a special camera that takes a picture of my eyes.

Just like getting my picture taken at school!

I do not have to smile for this picture, but the doctor's friend says I should open my eyes really wide like when I am surprised.





If I am at the eye doctor for vision therapy, then I will be on a different machine.

I get to look at pictures with dots and numbers on one machine.

The other machine I get to trace shapes!

The doctor's friend will ask me questions about what I see.



When the doctor's friend says I am done playing the special games, they tell me which room I can go into.

There are fun toys and pictures in these rooms that I can play with!

The eye doctor will meet me in this room.



The doctor's room
has a lot of
machines.

My eye doctor
does not give me
shots.

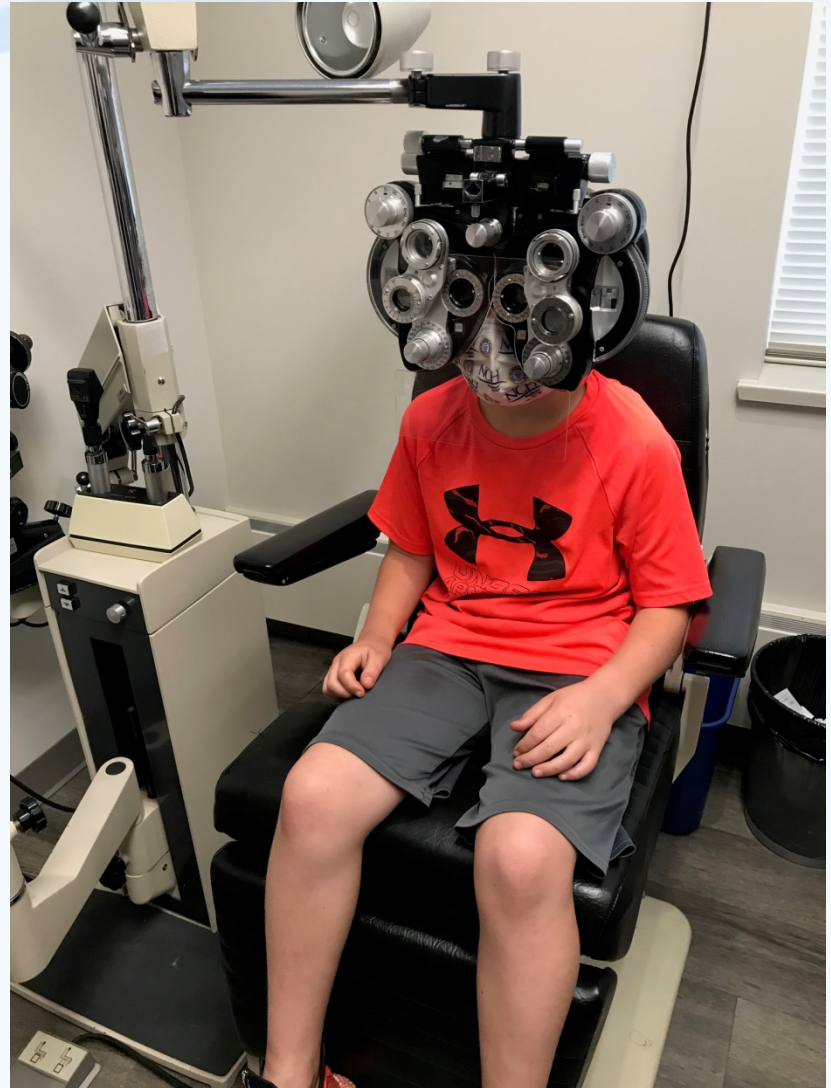
Sometimes the
doctor will make
my chair go up
and down, like a
fun ride!



My eye doctor lets me look in a special machine, look at charts with letters or pictures on it and will ask me questions.

My eye doctor wants to help me see better.

Sometimes the machines are strange, but they do not hurt.



Sometimes the eye doctor puts eye drops in my eyes. It feels like water from the bathtub or the pool.



The eye doctor lets me close my eyes and then open them so the special liquid can get in.



Usually I see okay, but the eye doctor may think glasses can help me see even better!

Another one of the doctor's friends helps me pick out a special pair of glasses just for me.

The doctor's friend will measure my eyes so my glasses can fit.

My glasses will come in the mail after a couple of days!



I met a lot of new friends today! They helped to make sure my eyes are healthy and that I can see well.

I did such a good job visiting the eye doctor!

